

Medical Courses

Course Name	First Aid Level 1		Duration	3 Days
Accreditation Body	Department of Labour. & ID: 119567 Title: Accreditation Body: FPM Seta			
Target Audience	Intended for all employees who may be called upon to render first aid, or as part of induction training			
Course Content	<ol style="list-style-type: none"> Objectives of First Aid Legal and Ethical Considerations Primary Survey Cardio-Pulmonary Resuscitation Choking Bleeding Dressings, Bandages, and Soft Tissue Injuries Burns 	<ol style="list-style-type: none"> Shock, Unconsciousness, and Fainting Secondary Survey Head and Spinal Injuries Bones, Joints, and Muscle Injuries Annexure A: AIDS Annexure B: Handicapped Casualties Practical Exercises 		

Course Name	First Aid Level 2		Duration	3 Days
Accreditation Body	Department of Labour. & ID: 120496 Accreditation Body: CETA Seta			
Target Audience	All persons who wish to progress from Level 1			
Pre-Requisites	<ol style="list-style-type: none"> First Aid Level 1 Communication Skills at NQF Level 4 			
Course Content	<ol style="list-style-type: none"> Recap of First Aid Level 1 Chest Injuries Abdominal Injuries Eye and Ear Injuries Medical Conditions Poisoning 	<ol style="list-style-type: none"> Animal Bites, Insect Bites and Stings Environmental Illnesses Triage and Moving Patients Anatomy and Physiology Annexure A: AIDS Annexure B: Handicapped Casualties Practical Exercises 		

Course Name	First Aid Level 1 and 2 Combined		Duration	4 Days
Accreditation Body	Department of Labour. & ID: 120496 Accreditation Body: CETA Seta			
Target Audience	All individuals who may be called upon to render first aid.			
Pre-Requisites	Communication at NQF Level 3			
Course Content	<ol style="list-style-type: none"> First Aid Level 1 Content Plus Chest Injuries Abdominal Injuries Eye and Ear Injuries Medical Conditions Poisoning 	<ol style="list-style-type: none"> Animal Bites, Insect Bites and Stings Environmental Illnesses Triage and Moving Patients Anatomy and Physiology Annexure A: AIDS Annexure B: Handicapped Casualties Practical Exercises 		

Course Name	First Aid Level 3	Duration	4 Days
Accreditation Body	Department of Labour		
Target Audience	All persons who wish to progress from Level 2		
Pre-Stipulations	<ol style="list-style-type: none"> 1. First Aid Level 2 2. Communication Skills at NQF Level 4 3. Mathematical Literacy at ABET Level 3 		
Course Content	<ol style="list-style-type: none"> 1. Content of First Aid Level 1 and 2 2. Emergency Childbirth 3. Water Accidents 4. Behavioural Emergencies 	<ol style="list-style-type: none"> 5. Annexure A: AIDS 6. Annexure B: Handicapped Casualties 7. Annexure C: Family Systems Theory 8. Practical Exercise 	

Course Name	First Aid Level 1-3	Duration	5 Days
Unit Standard Info	Department of Labour		
Target Audience	All interested persons		
Pre-Requisites	Mathematical Literacy and Communication at ABET Level 3		
Course Content	<ol style="list-style-type: none"> 1. Objectives of First Aid 2. Legal and Ethical Considerations 3. Primary Survey 4. Cardiopulmonary Resuscitation 5. Choking 6. Bleeding 7. Dressings, Bandages, and Soft Tissue Injuries 8. Burns 9. Shock, Unconsciousness, and Fainting 10. Secondary Survey 11. Head and Spinal Injuries 12. Chest Injuries 13. Abdominal Injuries 	<ol style="list-style-type: none"> 14. Bone, Joint and Muscle Injuries 15. Eye and Ear Injuries 16. Medical Conditions 17. Poisoning 18. Animal Bites, Insect Bites and Stings 19. Environmental Illnesses 20. Triage and Moving Patients 21. Anatomy and Physiology 22. Emergency Childbirth 23. Water Accidents 24. Behavioural Emergencies 25. Annexure A: AIDS 26. Annexure B: Handicapped Casualties 27. Annexure C: Family Systems Theory 28. Practical Exercises 	

Course Name	Heart-Saver First Aid / CPR	Duration	1 Day
Accreditation Body	American Heart Association		
Target Audience	Persons requiring informal CPR training		
Course Content	<ol style="list-style-type: none"> 1. Explain how to render CPR to an adult, child, and infant 2. List the signs of choking 3. Explain how to assist a person choking 4. Explain how to activate the emergency response system 5. Explain how to answer the dispatcher's questions 		

Course Name	CPR For Family and Friends	Duration	½ Day (4hr)
Accreditation Body	American Heart Association		
Target Audience	Persons interested in CPR training in the informal setting		
Course Content	<ol style="list-style-type: none"> 1. Tell How to Give CPR to an Adult, Child, and Infant 2. List The Signs of Choking 3. Tell How to Help a Choking Victim 	<ol style="list-style-type: none"> 4. Tell How to Implement an Emergency Response Team 5. Tell How to Answer Dispatcher Questions 	

Course Name	Basic Life Support for Healthcare Providers	Duration	½ Day (4hr)
Accreditation Body	American Heart Association		
Target Audience	Persons in the healthcare environment in and out of hospital settings, including first responders		
Course Content	<ol style="list-style-type: none"> 1. High Quality CPR 2. The Chain of Survival 3. Cardiac Arrest or Heart Attack? 4. Rescuer BLS Sequence – Adult 1 and 2 5. Using the AED for Adults, Infants, and Children 6. Elements of Effective Team Dynamics 7. Rescuer BLS Sequence – Infant and Child-1 and 2 8. Infant / Child Chest Compressions and Breaths 9. CPR and Breaths with an Advanced Airway 10. Rescue Breathing 11. Techniques for Giving Breaths Without a Barrier Device 12. Opioid-Associated Life-Threatening Emergencies (Adult Sequence) 13. Choking Relief in a Responsive Adult or Child 14. Choking Relief in an Unresponsive Adult or Child 15. Choking Relief in Infants 		

Course Name	Heart Saver AED	Duration	½ Day (4hr)
Accreditation Body	American Heart Association		
Target Audience	Persons requiring CPR training including AED (Automated External Defibrillator)		
Course Content	<ol style="list-style-type: none"> 1. Explain How to Render CPR to an Adult, Child, and Infant 2. Explain How to use Barrier Devices 3. List the Signs of Choking 4. Explain How to Assist a Person Choking 5. Explain How to Active the Emergency Response System 	<ol style="list-style-type: none"> 6. Explain How to Answer the Dispatcher’s Questions 7. Explain What an AED Does 8. Tell When to Use an AED 9. List the Steps for Using an AED 10. Explain the Synchronization of CPR and AED Use 	